



This protocol is intended for the patient experiencing an isolated hypertensive emergency. If a patient is experiencing difficulty breathing and/or has a history of asthma, emphysema, chronic bronchitis, congestive heart failure/pulmonary edema, symptomatic bradycardia, heart blocks > 1st degree, cardiogenic shock or has taken cocaine or amphetamines, DO NOT administer Labetalol HCl.

Adult Care

BLS

1. Initial Assessment/Care [Protocol 1.](#)
2. Keep the patient in a Semi-Fowler's (reclined) position.
3. If signs or symptoms of Stroke (CVA)/Brain Attack are present, refer to Brain Attack [Protocol 13.](#)

ALS

4. Establish IV access [Procedure 13.](#)
5. If the blood pressure is **≥ 200 systolic and/or ≥ 110 diastolic** AND the patient is exhibiting signs/symptoms of an acute hypertensive emergency such as a headache, nosebleed, dizziness, blurred vision:
 - a) Administer **Labetalol Hydrochloride 10 mg slow IV over two minutes** [Medication 19.](#)
 - b) If the BP remains **> 200/110** as defined above after five minutes of administration (regardless of presence or absence of symptoms), administer **Labetalol Hydrochloride 10 mg slow IV over two minutes.**
6. If the blood pressure is **≥ 200 systolic and/or ≥ 110 diastolic** without signs/symptoms of an acute hypertensive emergency, the patient will be transported ALS without Labetalol administration.

MCP

7. Additional dose of Labetalol Hydrochloride if necessary.
8. Pediatric Care.